



Rex Hospital

# The annual checkup

We examine data to determine the state's best hospitals, plus offer second opinions from other popular rankings.



CaroMont Regional Medical Center



Carolinas Medical Center



Mission Hospital

## BUSINESS NORTH CAROLINA'S Best hospitals

Our list is based on 12 weighted criteria, such as patient satisfaction, death rates for heart attack, heart failure and pneumonia, readmission rates and complications stemming from surgeries, and independent, experiential data compiled by Blue Cross and Blue Shield Inc. of North Carolina, The Leapfrog Group and *U.S. News & World Report*.

Rank	Hospital	Location	Beds	Score
1	Rex Hospital	Raleigh	659	53
2	Mission Hospital	Asheville	730	50
3	Duke University Hospital	Durham	957	46
	WakeMed Raleigh Campus	Raleigh	678	46
5	FirstHealth Moore Regional Hospital	Pinehurst	395	45
6	Carolinas Medical Center-Mercy	Charlotte	173	44
	Duke Regional Hospital	Durham	369	44
8	Cone Health*	Greensboro, Reidsville	1,273	43
9	Carolinas Medical Center-Northeast	Concord	457	42
	Carolinas Medical Center	Charlotte	888	42
	Novant Health Forsyth Medical Center	Winston-Salem	921	42
	Frye Regional Medical Center	Hickory	355	42
13	New Hanover Regional Medical Center	Wilmington	769	41
	UNC Hospitals	Chapel Hill	801	41
15	High Point Regional Health	High Point	381	40
16	CaroMont Regional Medical Center	Gastonia	435	39
17	Novant Health Matthews Medical Center	Matthews	117	38
18	Carolinas Medical Center-University	Charlotte	94	37
	Duke Raleigh Hospital	Raleigh	186	37
	Wake Forest Baptist Medical Center	Winston-Salem	885	37
	Novant Health Presbyterian Medical Center	Charlotte	662	37
	Vidant Medical Center	Greenville	861	37
23	CarolinaEast Medical Center	New Bern	350	36
	Margaret R. Pardee Memorial Hospital	Hendersonville	222	36
	MedWest-Haywood Hospital	Clyde	189	36

\*includes The Moses H. Cone Memorial Hospital, Wesley Long Hospital, Women's Hospital and Cone Health Behavioral Health Hospital in Greensboro and Annie Penn Hospital in Reidsville

## Patient picks

The Consumer Assessment of Healthcare Providers and Systems surveys U.S. hospital patients on outcomes, instructions upon being discharged, cleanliness and other factors. These are its top adult, acute-care hospitals in the state with 50 or more beds. The Tar Heel average is 71%, same as the U.S.

Rank	Hospital	Location	%
1	Duke University Hospital	Durham	86
	UNC Hospitals	Chapel Hill	86
3	Park Ridge Health	Hendersonville	85
4	Davie Medical Center	Mocksville	84
	Rex Hospital	Raleigh	84
6	Mission Hospital	Asheville	83
7	FirstHealth Moore Regional Hospital	Pinehurst	82
	New Hanover Regional Medical Center	Wilmington	82
9	Carolinas Medical Center-Northeast	Concord	81
	Novant Health Huntersville Medical Center	Huntersville	81
	Vidant Medical Center	Greenville	81
12	Carolinas Medical Center-Mercy	Charlotte	80
	Catawba Valley Medical Center	Hickory	80
	Hugh Chatham Memorial Hospital	Elkin	80
	Wake Forest Baptist Medical Center	Winston-Salem	80
16	Carolinas Medical Center-University	Charlotte	79
17	Duke Raleigh Hospital	Raleigh	78
	High Point Regional Health	High Point	78
19	Novant Health Brunswick Medical Center	Supply	77
	Carolinas Medical Center-Lincoln	Lincolnton	77
	Cone Health*	Greensboro, Reidsville	77
	Carolinas Medical Center-Blue Ridge	Morgantown	77
23	Ashe Memorial Hospital	Jefferson	76
	Carolinas Medical Center	Charlotte	76
	Duke Regional Hospital	Durham	76
	Novant Health Forsyth Medical Center	Winston-Salem	76
	Vidant Chowan Hospital	Edenton	76
	Vidant Edgecombe Hospital	Tarboro	76

Source: Centers for Medicare & Medicaid Services, based on 2012 data





The Moses H. Cone Memorial Hospital



Duke University Hospital



Novant Health Huntersville Medical Center

## Blue Cross and Blue Shield of North Carolina Cutting-edge hospitals

These have been recognized by the state's largest health insurer – based on its experience, data from objective sources and collaboration with doctors and professional organizations – for quality and expertise in certain surgical procedures.

**Cape Fear Valley Medical Center, Fayetteville:**  
bariatric surgery

**CarolinaEast Medical Center, New Bern:**  
cardiac care

**Carolinas Medical Center, Charlotte:**  
adult heart and liver transplants, cardiac care, complex and rare cancers (acute leukemia, bladder, bone, brain, esophageal, gastric, head and neck, liver, pancreatic, rectal, soft-tissue sarcomas, thyroid)

**Carolinas Medical Center-Mercy, Charlotte:**  
bariatric surgery

**Carolinas Medical Center-Northeast, Concord:**  
bariatric surgery, cardiac care

**CaroMont Regional Medical Center, Gastonia:**  
cardiac care

**Cone Health\*, Greensboro and Reidsville:**  
cardiac care, knee and hip replacement, spine surgery

**Duke Regional Hospital, Durham:** bariatric surgery, knee and hip replacement, spine surgery

**Duke University Hospital, Durham:**  
complex and rare cancers (acute leukemia, bladder, bone, brain, esophageal, liver, pancreatic, rectal, soft-tissue sarcomas, thyroid), knee and hip replacement, lung and bone-marrow and stem-cell transplants, pancreas, kidney and adult heart transplants, spine surgery

**FirstHealth Moore Regional Hospital, Pinehurst:** cardiac care

**Frye Regional Medical Center, Hickory:**  
bariatric surgery

**High Point Regional Health, High Point:**  
cardiac care

**Mission Hospital, Asheville:** bariatric surgery

**Nash General Hospital, Rocky Mount:**  
bariatric surgery, knee and hip replacement

**New Hanover Regional Medical Center, Wilmington:** bariatric surgery, knee and hip replacement

**Novant Health Forsyth Medical Center, Winston-Salem:** spine surgery

**Novant Health Presbyterian Medical Center, Charlotte:** bariatric surgery, spine surgery

**Novant Health Rowan Medical Center, Salisbury:** knee and hip replacement

**Rex Hospital, Raleigh:** bariatric surgery

**UNC Hospitals, Chapel Hill:**  
bariatric surgery, bone-marrow and stem-cell transplants, cardiac care, complex and rare cancers (acute leukemia, bladder, bone, brain, esophageal, gastric, head and neck, liver, ocular melanoma, pancreatic, rectal, thyroid), heart, liver and lung transplants, spine surgery

**Vidant Medical Center, Greenville:**  
bariatric surgery

**Wake Forest Baptist Medical Center, Winston-Salem:** bariatric surgery, complex and rare cancers (acute leukemia, bladder, bone, brain, esophageal, gastric, head and neck, liver, pancreatic, rectal, soft-tissue sarcomas, thyroid)

**WakeMed Raleigh Campus, Raleigh:**  
cardiac care

\*includes The Moses H. Cone Memorial Hospital, Wesley Long Hospital, Women's Hospital and Cone Health Behavioral Health Hospital in Greensboro and Annie Penn Hospital in Reidsville

### The state hospital industry

# 8.3%

Increase in per capita costs from 2006 to 2010 (\$1,728 to \$1,872)

# \$3,510

Average daily cost per patient in 2010, a 21.6% increase over 2006. Net patient revenue increased 18.6% to \$3,570

# 0.9%

The average operating margin in 2010, down from 3.4% in 2006

Source: North Carolina Hospital Association



WakeMed Raleigh Campus



FirstHealth Moore Regional Hospital



Cape Fear Valley Medical Center

# U.S. News & World Report Ranking N.C.

Four hospitals are among the magazine's best in the nation in at least one specialty.

## Duke University Medical Center, Durham

Pulmonology	4
Cardiology and heart surgery	6
Ophthalmology	8
Urology	8
Nephrology	11
Orthopedics	12
Rheumatology	12
Gynecology	13
Geriatrics	14
Cancer	18
Diabetes and endocrinology	23
Neurology and neurosurgery	25
Gastroenterology	43

## UNC Hospitals, Chapel Hill

Ear, nose and throat	22
Cancer	43
Gynecology	44

## Wake Forest Baptist, Winston-Salem

Nephrology	9
Cancer	12
Pulmonology	16
Ear, nose and throat	20
Diabetes and endocrinology	24
Gastroenterology	25
Gynecology	27
Neurology and neurosurgery	30
Urology	35
Geriatrics	39
Cardiology and heart surgery	46
Orthopedics	48

## Duke Regional Hospital, Durham

Diabetes and endocrinology	34
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## Tar Heel hospitals the publication commends as high-performing in an adult specialty.

### Cape Fear Valley Medical Center, Fayetteville

Pulmonology

### Carolinas Medical Center, Charlotte

Cardiology and heart surgery  
Gastroenterology  
Nephrology  
Pulmonology

Cancer  
Gynecology  
Orthopedics  
Urology

### Carolinas Medical Center-Mercy, Charlotte

Gastroenterology  
Neurology and neurosurgery  
Pulmonology

Geriatrics  
Orthopedics

### Carolinas Medical Center-Northeast, Concord

Diabetes and endocrinology  
Neurology and neurosurgery  
Urology

Gastroenterology  
Pulmonology

### Carolinas Medical Center-University, Charlotte

Urology

### CaroMont Regional Medical Center, Gastonia

Geriatrics  
Pulmonology

Nephrology

### Cone Health\*, Greensboro and Reidsville

Diabetes and endocrinology  
Geriatrics  
Neurology and neurosurgery  
Orthopedics  
Urology

Gastroenterology  
Gynecology  
Nephrology  
Pulmonology

### Duke Raleigh Hospital, Raleigh

Geriatrics  
Neurology and neurosurgery

Nephrology  
Orthopedics

### Duke Regional Hospital, Durham

Cancer  
Gastroenterology  
Neurology and neurosurgery  
Orthopedics  
Urology

Ear, nose, throat  
Geriatrics  
Nephrology  
Pulmonology

### Duke University Hospital, Durham

Ear, nose and throat

Psychiatry

### FirstHealth Moore Regional Hospital, Pinehurst

Diabetes and endocrinology  
Geriatrics  
Neurology and neurosurgery  
Urology

Gastroenterology  
Nephrology  
Pulmonology

### High Point Regional Health, High Point

Diabetes and endocrinology  
Nephrology  
Urology

Geriatrics  
Pulmonology

### Mission Hospital, Asheville

Diabetes and endocrinology  
Neurology and neurosurgery  
Urology

Gastroenterology  
Pulmonology

### New Hanover Regional Medical Center, Wilmington

Cardiology and heart surgery  
Orthopedics

Gastroenterology  
Pulmonology

### Novant Health Forsyth Medical Center, Winston-Salem

Diabetes and endocrinology  
Geriatrics  
Nephrology  
Pulmonology

Gastroenterology  
Gynecology  
Orthopedics

### Novant Health Matthews Medical Center, Matthews

Gastroenterology  
Nephrology

Geriatrics  
Pulmonology

### Novant Health Presbyterian Hospital, Charlotte

Diabetes and endocrinology  
Gastroenterology  
Gynecology  
Neurology and neurosurgery  
Pulmonology

Cancer  
Geriatrics  
Nephrology  
Orthopedics

### Rex Hospital, Raleigh

Cardiology and heart surgery  
Diabetes and endocrinology  
Nephrology  
Neurology and neurosurgery

Geriatrics  
Gastroenterology  
Orthopedics  
Pulmonology

### Southeastern Regional Medical Center, Lumberton

Geriatrics  
Neurology and neurosurgery

Nephrology  
Pulmonology

### UNC Hospitals, Chapel Hill

Cardiology and heart surgery  
Gastroenterology  
Neurology and neurosurgery  
Diabetes and endocrinology

Pulmonology  
Geriatrics  
Nephrology  
Urology

### Vidant Medical Center, Greenville

Gynecology  
Pulmonology

Nephrology  
Urology

### Wake Forest Baptist Medical Center, Winston-Salem

Cardiology and heart surgery  
Diabetes and endocrinology  
Gynecology

Ear, nose and throat  
Orthopedics

### WakeMed Raleigh Campus, Raleigh

Cardiology and heart surgery  
Diabetes and endocrinology  
Gastroenterology  
Nephrology

Urology  
Pulmonology  
Geriatrics  
Orthopedics

Sources: U.S. News & World Report, adult hospitals, based on Research Triangle Institute Health Solutions, Medicare and American Hospital Association data and specialty-physician surveys